



**PROGRAM**  
**SAND 19 Europe**

Titignano castle,  
July 2–8, 2019

---

# Welcome

---

## to SAND19 Europe Gathering

*There is almost a sensual longing for communion with others who have a large vision. The immense fulfillment of the friendship between those engaged in furthering the evolution of consciousness has a quality impossible to describe.*

Pierre Teilhard de Chardin

### **Welcome to another SAND community gathering at the magical castle of Titignano!**

We feel blessed to be able to spend a week together, exploring, learning and sharing with one another on this mindboggling and heart-opening journey of life.

Each moment, every situation of our lives holds the key to knowing ourselves deeper. Our questions, our pains, our joys, our desires are bestowed on us so that we can truly taste who we are.

**SAND** is a playground where we come together to explore and share insights, or simply experience what is emerging in the moment. We gather to share what is most alive in us, to experience the source in its multitude of forms, in words, sensations and feelings. All is welcome here! Let's open our hearts, become alive in our bodies and share the universal wisdom that emerges beyond all concepts.

In these few days, we invite you to receive every talk, every session, every interaction with an open heart and an open mind, remembering that this limited bodymind can only surrender to the mystery we call life.

**Thank you** for being here, for your willingness to share your insights and your vulnerability. We invite you to meet each other beyond all words, in the celebration of what is.


**Love,**

*Zaya, Maurizio and the SAND team*

# SAND19 Europe Gathering Program

## Tuesday, July 2

15:00 **Registration Opens**

16:00 Titignano check-in 

18:30 **Dinner** 

*Main Room*

20:00–20:30 Opening Ceremony & Group Connections

20:30–21:15 **Mark Dyczkowski**, The Discovery of Shakti


21:15–22:00 **Parvathy Baul**, Storytelling and Dance

## Wednesday, July 3

*Main Room*

7:30–8:30 Morning Meditation with **Mark Dyczkowski** 

*Tenda Panoramica*

7:30–8:30 Morning Movement with **Mirka Scalco Kraftsow** 

8:00 **Breakfast** 

### Morning Plenary

*Main Room*

9:30–10:00 **Mark Matousek**,  
Writing To Awaken: Memoir As a Path to Freedom 


10:05–10:35 **Andre Riehl**, Linking Diversity and Unity

10:40–11:00 **Shakti Caterina Maggi**, Becoming You Introduction

11:00–11:30 **Break** 

### Morning Concurrent Sessions

*Main Room*

11:30–12:25 **Shakti Caterina Maggi**, Becoming You: A Journey to the Void and Back, Discovering an Authentic Expression of the Joy of Living 

*Main Room*  
12:30–13:00

**Parvathy Baul** Q&A Session 

*Cellar*


11:30–11:50

**Diana Percy**, Beautiful Endings: the Personal and the Universal

12:00–12:20

**Samantha Tomarchio**, Intimacy Actualized: An Experiential Approach to Embodied Relating

12:30–12:50

**Luismiguel Samperio**, The Future of Transformative Technological Art—Towards the Unity that Always Was 

*Tenda Panoramica*

11:30–13:00

**Rita Venturini**, Authentic Movement 

*Tenda nel Bosco*

11:30–13:00

**Andre Riehl**, Mantra Sadhana


13:00

Lunch 

### Afternoon Concurrent Sessions

*Main Room*

15:30–16:10

**Pier Luigi Lattuada**, Integral Transpersonal Thinking (ITT): An Innovative Approach to Individual and Collective Discomfort   
**Ancient Traditions in Modern Times, a Conversation with Parvathy Baul, Mark Dyczkowski & Andre Riehl**

16:15–17:30

*Cellar*

15:30–16:05

**Flavio Burgarella**, Everything Is Already Written in Nature 

16:10–16:45

**Melanie Salmon**, A Revolutionary Way to Heal from Trauma and Addictions

16:50–17:25

**Gregory Kieser**, Might the Key to Humanity Preparing for the Emergence of Superintelligence Lie in Our Ability to Look Inward, Individually and Collectively?

*Tenda Panoramica*

15:30–17:30

**Adam Barley**, Integrating Maths and Meditation with Movement

*Tenda nel Bosco*

15:30–17:30

**Mark Matousek**, Writing To Awaken: Memoir As a Path to Freedom, Workshop 


17:30–18:00

Break 

### Evening Plenary


*Main Room*

18:00–18:25

**Jack Allocca**, What Altered States Of Consciousness Can Tell Us About Consciousness Itself 

*Main Room*

18:30–18:55

**Julie Yau**, Beyond Trauma. Falling into Love 

19:00–19:25

**Svagito R Lieberman**: Family Constellation and Beyond The Roots of Love

19:30–19:45


**Daily Harvest**

19:45

Dinner 

*Courtyard*

21:15–22:00

Sitar Music Performance with **Mark Dyczkowski** 

22:00–23:00

**Pouria Montazeri & Sema Barley**, Heed the Call of This Love: Poetry, Music, and Whirling


---

## Thursday, July 4

---

*Main Room*


7:30–8:30

Morning Meditation with **Billy Doyle** 

Discovering our Transparency

*Tenda Panoramica*

7:30–8:30

Morning Movement with **David Lorimer** 

Panorhythmy Session


8:00

Breakfast 

### Morning Plenary

*Main Room*

09:30–10:00

**Fariba Bogzaran**, Extraordinary Dreams and the Non-dual 

Spaces of the Mind

10:05–10:35

**David Lorimer**, The Galileo Commission—Towards a Post-Materialist Science of Consciousness

10:40–11:00

**Billy Doyle**, Who Am I? What Is My Real Nature?

11:00–11:30

Break 

### Morning Concurrent Sessions

*Main Room*

11:30–12:25


**Billy Doyle** Q&A Session

12:30–13:00

**Julie Brown Yau**, Healing Trauma 


*Cellar*

11:30–12:05

**Jean-Philippe Challandes**, Our Perception of the World AS our Teacher (including Trump): Turning Around the Collective Beliefs We Did not even Know We Had 


*Cellar*

12:15–12:50

**Sophie Maegerlin**, Shiva and Shakti:   
The Energy/Consciousness Path


*Tenda Panoramica*

11:30–13:00

**Fariba Bogzaran**, Integral Dream Practice (IDP)   
and Poetic Synthesis

*Tenda nel Bosco*

11:30–13:00

**Pier Luigi Lattuada**, Biotransenergetics:  
A Psychology of Presence, Here, Now, and all Around 

13:00

Lunch 

**Afternoon Concurrent Sessions**

*Main Room*

15:30–16:10

**Jack Allocca** Q&A Session 


16:20–17:30

**What is a Theory of Consciousness For?**

Conversation with Stuart Hameroff, Chris Fields, Rob Nail, Paul Bush and Riccardo Manzotti

*Cellar*

15:30–16:05

**Peppino Bellusci**, How Duality Creates Life:   
Sacred Geometry, Science and Shamanism

16:10–16:45

**Umberto Del Noce**, Christ and Non-duality

16:50–17:25

**Parisa Soultani**, Pico Didn't Meet Rumi's Shams

*Tenda Panoramica*

15:30–17:30

**Svagito Liebermeister**, Family Constellations Workshop 

*Tenda nel Bosco*

15:30–17:30

**Andre Riehl**, Nidrâ Yoga 

17:30–18:00

Break 


**Evening Plenary**

*Main Room*

18:00–18:25

**Tomás Páleníček**, What Is The Therapeutic Potential Of   
Psychedelics?

18:30–18:55

**Stuart Hameroff**, Is Your Brain Really A Computer? Or Is It A  
Quantum Orchestra Tuned To The Universe? 

19:00–19:25

**Annette Kaiser**, The Art Of Loving

19:30–19:45

**Daily Harvest**

19:45

Dinner 

*Main Room*

21:15–22:30

**Svagito Liebermeister,**

Celebrating Life, Creativity Event and Exhibition 

*Courtyard*

21:45–23:00

Dance with **DJ Clandestina!** 

---

## Friday, July 5

---

*Main Room*

7:30–8:30

Morning Meditation with **Annette Kaiser** 

*Tenda Panoramica*

7:30–8:30

Morning Movement with **Mirka Kraftsow** 

8:00

Breakfast 

### Morning Plenary

*Main Room*

9:30–10:00

**Shantena Sabbadini,** The Dance of Consciousness and World

10:05–10:35

**Pouria Montazeri,** This Beautiful Drowning: Returning to the Ocean of Is-Ness

10:40–11:00

**Stephen Bodian,** Entering the Gateless Gate: A Journey through the Stages of Spiritual Awakening

11:00–11:30

Break 

### Morning Concurrent Sessions

*Main Room*

11:30–12:00

**Shantena Sabbadini** Q&A Session 

12:05–13:00


**Stephen Bodian** Q&A Session

*Cellar*

11:30–12:05

**Kent Welsh,** Nonduality Embodied

12:15–12:50

**Ricky Derisz,** Welcome To The Age Of Re-Enchantment: Magic Transforming Mental Health & The World 

*Tenda Panoramica*

11:30–13:00

**Ellen Emmet,** Body Of Truth, Body Of Vibration: A Ritual 

*Tenda nel Bosco*

11:30–13:00

**Pouria Montazeri & Sema Barley,** Zikr: Remembering the One Thing Needful 

Pool Lawn

11:30–13:00

**Estrella Jimenez Gomez**, The Space Arche:  
A Solar System Group Adventure GAME



**Afternoon OPEN SPACE!**



Main Room  
& Everywhere!

15:00–19:45

**OPEN SPACE!**

Exploration with facilitators Stephane Vallee and Giles Vialard,  
The SAND Gathering—Inspirations & Impact

19:45

Dinner



**Evening Plenary**

Main Room

21:15–21:55

**Sasha Cobra**, Orgasmicness as a Healing Mode



Courtyard

22:00–23:00

**DANCE PARTY with Adam Barley!**



---

## Saturday, July 6

---

Main Room

7:30–8:30

Morning Meditation

**Peta Morton**, Morning Reiki Meditation



Tenda Panoramica

7:30–8:30

Morning Movement **Billy Doyle**,

Yoga in the Kashmir Tradition: Empty Body, Empty Mind



8:00

Breakfast



**Morning Plenary**

Main Room

9:30–10:00

**Annette Kaiser**, The Art of Loving (*continued*)



10:05–10:35

**Turiya Hanover**, Polishing The Mirror Of The Heart

10:40–11:00

**Mauro Bergonzi**, The Bottomless Ground Of Our Identity

11:30–12:00

Break



**Morning Concurrent Sessions**

Main Room

11:30–12:25

**Mauro Bergonzi** Q&A Session



Main Room

12:30–13:00

**Annette Kaiser** Q&A Session 

Cellar

11:30–12:05

**Thais Harris & Nick Sholley**, Optimizing your DIET: 

Your Daily Intake of Every Thing

12:15–12:55

**Nick Day**, Painting The World With Fractals: How Creative Expression Reveals A Deeper Order Of Reality & Consciousness

Tenda Panoramica

11:30–13:00

**Turiya Hanover**, The Time Is Now: A Women's Retreat 

Tenda nel Bosco

11:30–13:00

**Antonella Usai, Harmoníai**, Dance, Singing, Poetry   
—Discovering the Poetic & Musical Value of the Gesture


13:00

Lunch 

### Afternoon Concurrent Sessions

Main Room

15:30–16:00

**Paul Bush**, Science And Nonduality: Where Are We Now? 

16:10–16:45

**Nicola Amadora**, Revolution of Life:


Blazing a New Trail in a World on the Edge

16:50–17:20

**Chiara Baldini**, Dancing & Nonduality: The Cult of Dionysus & His Radically Ambiguous Followers

Cellar

15:30–16:05

**Jerry Diamanti**, Touch: A Way To Wholeness 

16:10–16:45

**Keith Salmon**, Intimations of Nature's Grace

16:50–17:25

**Karen Jaenke**, Spiritual Intelligence and the Body

Tenda Panoramica

15:30–17:30

**Sasha Cobra**, The Spiritual Side of “Dis-ease” 

Tenda nel Bosco

15:30–17:30

**Suzy Adra**, Mandalas & Meditation 

17:30–18:00

Break 

### Evening Plenary

Main Room

18:00–18:25

**Nadeshwari Joythimayananda**, Archetypes And Yogic Practices Of Human Being Cycles 

18:30–18:55

**Rob Nail**, Navigating Through Technological Disruption

19:00–19:25

**Riccardo Manzotti**, The Rainbow World: A New Physics for a New Self

Main Room  
19:30–19:45

### Daily Harvest

19:30 Dinner 

Courtyard  
21:15–22:00  
22:00–23:30

**Shakti Caterina Maggi**, Oneness, A Movement   
**Open Mic!**

## Sunday, July 7

Main Room  
7:30–8:30

Morning Meditation: **Shakti Caterina Maggi** 


Tenda Panoramica  
7:30–8:30

Morning Movement with **Lorraine Taylor**   
The Intimate Embrace Of Shiva & Shakti

8:00 Breakfast 

### Morning Plenary

Main Room  
9:30–10:00

**Chris Fields**, Emergence Of Space And Time   
In A Holographic Universe

10:05–10:35  
10:40–11:00

**Tina Lindhard**, Our Embryonic Development: The Universe Within  
**Prajnaparamita**, Introduction

11:00–11:30 Break 

### Morning Concurrent Sessions


Main Room  
11:30–12:00  
12:10–13:00

Conversation with **Ellen Emmet**   
Satsang with **Prajnaparamita**


Cellar  
11:30–12:05  
12:15–12:50

**Adam Chacksfield**, Inside Together: Sharing We-Consciousness   
**Roger Castillo**, Nonduality: A Daily Living Perspective

Tenda Panoramica  
11:30–13:00

**Nadeshwari Joythimayananda**, Dance the 12   
Archetypes Of Human Being Cycles

Tenda nel Bosco  
11:30–13:00

**Tina Lindhard**, A Taste of Intuitive Meditation   
(also known as Arka Dhyana)

Green Room

11:30–13:00

**Claudia Piscitelli**, Drawing Inside 


13:00

Lunch 

### Afternoon Concurrent Sessions

Main Room

15:30–17:30

What's Alive in the Field?—A Conversation 

Cellar


15:30–16:05

**Peta Morton**, The Sounds of Surrender 

16:10–16:45

**Natalie Zeituny**, Ensoulment—Discover your Soul's DNA, Experience the Soul of the World

16:50–17:25

**Anja-Karina Pahl**, A Non-Dual Science of the Sacred:   
The Eye That Sees Itself

Pool Lawn

16:30–17:30

**Angela Halvorsen Bogo**, Where Wisdom Lives, Stories and Songs from the Celtic World

17:30–18:00

Break 

Main Room

18:00–19:30

### Closing Circle

19:30

Dinner 

Courtyard

21:00–21:30

**Lucia Comnes** Performance 

Piazza

21:30–22:30

Drumming Circle with **Harshil Philippo Chiostri!** 

---

## Monday, July 8

---

Main Room

7:30–8:30

Morning Meditation: **Shakti Caterina Maggi** 

Tenda Panoramica

7:30–8:30

Morning Movement: **Lorraine Taylor** 

8:00–09:30

Breakfast 

10:00

Check-out of Titignano



**Founders** Maurizio & Zaya Benazzo

**Speaker Coordinator** Lisa Breschi

**Production Manager** Claudia Anfuso

**Volunteer Coordinator** Giulia Boccaccini

**Webmaster** Jeanric Meller

**Graphic Design** Cintia Martínez Delgado

**A/V Maestro & Maestra** Ronald Heij & Karin Weterings



## USEFUL INFORMATION



**SAND**

**TITIGNANO** 0763 308000

**TAXI** 0763 301 903

**HOSPITAL** 0763 3071

**POLICE** 0763 398800



**RETURN SHUTTLE RIDES**

**Monday July 8th**

Departing Titignano parking lot: 8am, 10am, 12:15pm.



Reduce plastic consumption -

Refill your water bottles!

**Titignano's water is drinkable.**

**SAND** is a non-profit organization whose mission is to provide a forum where scientists, philosophers, spiritual practitioners, and artists gather to explore and advance embodiment and enactment of the new paradigm, grounded in both cutting-edge science and the ancient wisdom of nonduality—the deep understanding of the interconnectedness of life.

The flourishing of this exciting international community reflects and depends upon this interconnectedness, so if you or your organization would like to join us in partnership or sponsorship, or if you would like to jump aboard the team of volunteers who contribute their gifts and talents in large and small ways year round, please come talk to one of us!

© 2019 Science and Nonduality. All rights reserved.

**WWW.SCIENCEANDNONDUALITY.COM**